

UNICEF China Mental Health Internship

UNICEF works in some of the world's toughest places, to reach the world's most disadvantaged children. To save their lives. To defend their rights. To help them fulfill their potential.

Across 190 countries and territories, we work for every child, everywhere, every day, to build a better world for everyone.

And we never give up.

For every child, a *champion*

UNICEF China works with national and local partners to advance child rights and improve outcomes for children, adolescents and families. The Child Health and Development / Health and Nutrition Section supports government partners in strengthening systems for maternal, newborn, child and adolescent health, early childhood development, nutrition, mental health and related areas.

Child and adolescent mental health is an important area of UNICEF China's work, with a focus on promotion and prevention, early identification, referral pathways, school and community-based support, and stronger linkages across health, education and child protection systems. In 2026, UNICEF China will continue supporting evidence-informed technical work, programme documentation, implementation readiness, and knowledge products related to child and adolescent mental health and development.

How can you make a difference?

The intern will support UNICEF China's Child Health and Development Section in knowledge management, technical documentation, desk review, coordination support and preparation of materials related to child and adolescent mental health. The internship will provide structured exposure to UNICEF's work on child and adolescent mental health systems in China and contribute to practical 2026 workplan deliverables.

- Under the supervision of the Health Officer / designated supervisor, the intern will support the following tasks:
- Assist in organizing, reviewing and summarizing mental health-related programme documents, technical packages, training materials, reports, meeting records and partner submissions.
- Support preparation of short evidence summaries, briefing notes, annotated reference lists, comparison tables and PowerPoint presentations on child and adolescent mental health topics.
- Assist with bilingual drafting, editing, formatting and terminology checks of English and Chinese materials related to mental health and adolescent development.
- Support preparation of internal and partner meetings, consultations or workshops, including agendas, background notes, meeting minutes and follow-up action trackers.

- Support documentation of implementation experience, lessons learned and key outputs from ongoing child and adolescent mental health-related work.
- Assist in preparing simple visual summaries, tables, timelines or infographics for internal discussion and supervisor review.
- Support other tasks related to maternal, neonatal, children and adolescent health, assigned by the supervisor.

Learning Objectives

- Understand UNICEF's programming approach in health and the adolescent mental health situations in China.
- Obtain strengthened capacity in comparative policy analysis and monitoring global adolescent mental health trends.
- Enhance professional skills to support knowledge management, evidence-based synthesis, and drafting of high-quality documents in a bilingual environment.
- Acquire greater cross-cultural communication skills through working in a culturally diverse environment.

Internship Conditions

1. Modality: () Fulltime or () part time (**tick as appropriate**)
2. Tentative start date: June 15, 2026
3. Duration: 3 months
4. Venue: () on site or () online working (**tick as appropriate**)

Travel (tick as per actual needs)

- () No travel involved
 () Travel involved

To qualify as an UNICEF intern, or a champion for every child, you will...

- Be enrolled in a degree programme in an undergraduate (above 18 years old) or postgraduate study, majored in public health, psychology, psychiatry, medicine, social work, education, child development, public policy, sociology, international development, or another relevant discipline.
- Have strong academic performance as demonstrated by recent university or institution records, or, if not available, a reference letter from an academic supervisor;
- Have strong desk research, writing, note-taking and organizational skills.
- Be comfortable using Microsoft Office, especially Word, PowerPoint and Excel.
- Have interest in child and adolescent mental health, adolescent development, school health, health systems, child rights and social development.
- Previous experience in literature review, policy analysis, programme documentation, translation or data organization would be an asset.
- Clinical experience is not required. This is not a counselling or clinical service role.
- Have no immediate relatives working in any UNICEF offices;
- Fluency in English and Mandarin is required.

For every Child, you demonstrate...

- UNICEF's core values of Care, Respect, Integrity, Trust, Accountability, and Sustainability (CRITAS).
- UNICEF's core competency framework.

View UNICEF core competency framework from [here](#).

- Click [here](#) to learn more about UNICEF's values and competencies

UNICEF is committed to diversity and inclusion within its workforce, and encourages all candidates, irrespective of gender, nationality, religious and ethnic backgrounds, including persons living with disabilities, to apply to become a part of the organization.

UNICEF has a zero-tolerance policy on sexual exploitation and abuse, and on any kind of harassment, including sexual harassment, and discrimination. All selected candidates will, therefore, undergo rigorous reference and background checks.
